



TIPS ON HOW TO TAKE OFF GLOVES



**Pinch the glove near the wrist area.
Carefully remove the glove.**



**Hold the glove with the gloved hand.
Slide your two fingers under the wrist of the gloved hand.**



**Peel the glove downwards, turning it inside-out.
The first glove should be inside the glove you have just removed. Dispose of the glove safely.**



**Always wash your hands after removing gloves.
Gloves may have holes that are too small to be seen.**